

Mountains and Rivers Order

Spring 2019 Ango List of Retreats and Training Activities

Ango Entering Ceremony

- Monastery Ango Opening Ceremony with Shugen Roshi *Sunday, March 3, 9-12pm*
- Beyond Fear of Differences Sangha Forum at ZMM *Sunday, March 3, 1:15-3:45 pm*
- Temple Ango Opening with Hojin Sensei & Hogen Sensei *Sunday, March 10*
- Beyond Fear of Differences Sangha Forum at ZCNYC *Sunday, March 10, 1:00-3:30 pm*

Monastery Intensives

- Peaceful Dwelling Meditation Intensive, *Feb 28 - March 3*
- One Dharma: Judgement and Metta, *March 15-17*
- Founding Sesshin, *March 25 - March 31*
- Apple Blossom Sesshin, *April 22 - 28*
- Shuso Hossen Sesshin, *May 20 - 26*

Temple Intensives

- Sesshin with Hogen Sensei, *March 7-10*
- Women of the Way Zazenkai with Hojin Sensei, *March 23*
- Zazenkai with Hogen Sensei, *April 13*
- Zazenkai with Hojin Sensei, *May 11*

Monastery Retreats

- One Dharma: The Critical Mind & Loving Kindness with Shugen Roshi, *March 15-17*
- Precepts II Retreat with Shugen Roshi, *March 22-24*
- Ango Intensive: Manifesting Buddha: Where Night and Day Intermingle with Shugen Roshi, *April 11-14*
- Awakening to Karma with Hogen Sensei, *May 17-19*

Temple Retreats

- Mind-Body Bridging with Jules Shuzen Harris Sensei, *March 2*
- Half-day Sit, *March 30, 8am - 12pm*
- What Gets Left Out? Exploring Cultural Spiritual Bypassing with Sebene Selassie, *April 20*
- Half-day Sit, *April 27, 8am - 12pm*
- Precepts I: Entering the Way of Compassion with Ron Hogen Green Sensei, *May 4*
- Raising Voice Workshop with Robert Een, *May 18*
- Half-day Sit, *May 25, 8am - 12pm*

Spring 2019 Ango — Additional Activities

Other Special Events

Buddha's Birthday Weekend, *April 19-21 Families Welcome*

Sangha Treasure Weekend with Shugen Roshi and Seniors, *May 10-12*

Jukai Ceremony, *May 12th* as part of the morning program

Body Practice led by Fusei Forth, *7am (Wednesday and Friday) — Local Sangha welcome:*

March: 6,8,13,15,20,22

April: 3,5,10,17,19

May: 1,3,8,10,15,17

Fusatsu: Renewal of Vows at the Monastery

Thursday, March 14, 7:30pm

Thursday, April 4, 7:30pm

Friday, May 10, 7:30pm

Fusatsu: Renewal of Vows at the Temple

Thursday, March 14, 6:30pm

Thursday, April 11, 6:30pm

Thursday, May 9, 6:30pm

Dharma Encounters at the Monastery as part of the morning program

Sunday, March 31

Sunday, April 28

Sunday, May 26 (Shuso Hossen Ceremony)

Ango Art Practice Presentations

Wednesday, May 15, 7pm at Zen Mountain Monastery

Thursday, May 16, 6:30 pm at Zen Center of NYC

ZCNYC Zen Essentials

Practicing Your Life at Work with Gokan, *March 28*

Video Conference Mondos (Open to Students and Practicing Members — email the Registrar at registrar@mro.org)

Sunday, February 17th (1-2:00pm) Shugen Roshi on Intimacy and Boundaries

Sunday, March 24th (1-2:00pm) Shugen Roshi on Karma – Past, Present and Future

Wednesday, April 17th (7-8:30pm) Hogen Sensei on The Perfection of Giving

Sunday, April 21st (1-2:00pm) Shugen Roshi on Letting go and Staying Steady

Sunday, May 5th (1-2:00pm) Shugen Roshi on Perfection & Non-Perfection

Thursday, May 16 (7-8:30pm) Hojin Sensei on the Therigatha