

# Mountains and Rivers Order

## Fall 2019 Ango List of Training Retreats and Activities

### Ango Entering

- Monastery Ango Opening Ceremony *Sunday, September 1, 9-12pm*
- ZMM Ango Hike *Sunday, September 1, 1:00pm*
- Temple Ango Opening Ceremony *Sunday, September 8, 9:30am*
- Temple Community Lunch *Sunday, September 8, 12:30pm*

### Monastery Intensives

- Peaceful Dwelling Meditation Intensive, with MRO Teachers and Senior Staff *August 29 - September 1*
- Wild Grasses Sesshin, with Hojin Sensei, *September 12-15*
- Mountains and Rivers Sesshin, with Shugen Roshi, Hojin Sensei & Hogen Sensei, *September 23 - 29*
- Harvest Sesshin, with Shugen Roshi, Hojin Sensei & Hogen Sensei, *October 21-27 (must join by 10/24)*
- Shuso Hossen Sesshin, with Shugen Roshi, Hojin Sensei & Hogen Sensei, *November 18-24*

### Temple Intensives

- Sesshin with Hogen Sensei, *September 5-8*
- Zazenkai with Hojin Sensei, *September 21* ♦ *Half-day Sit - September 28, 8am-12pm*
- Zazenkai with Hogen Sensei, *October 12* ♦ *Half-day Sit - October 26, 8am-12pm*
- Zazenkai with Hogen Sensei, *November 2* ♦ *Half-day Sit - November 23, 8am-12pm*

### Monastery Retreats

- Chado: The Japanese Art of Tea Ceremony with Hobai Pekarik, *September 20-22*
- Ango Intensive: The Seven Factors of Awakening with Shugen Roshi, *October 10-13*
- Qigong for Health and Vitality with Sifu Pragata Blaise, *October 18-20*
  - Four Truths Chan Retreat with Rebecca Li, *November 8-10*

### Temple Retreats

- Noble Eightfold Path, with Hogen Sensei, *September 14th, 10am-5pm*
- Staying Present: A Creative Process Retreat with Hojin Sensei, André Daughtry and Kat Rogers, *October 19 10am-4pm*
- Open and Light: Creating Space in Body and Mind with Iyengar Yoga, with Angaku Dreyfus, *November 16, 10am-4pm*

## Fall 2019 Ango — Additional Activities

### **Fusatsu: Renewal of Vows at the Monastery**

September 19, Thursday, 7:30pm - with Shugen Roshi

November 6, Wednesday, 7:30pm - with Hojin Sensei

### **Fusatsu: Renewal of Vows at the Temple**

September 15, Sunday, 9:30am - with Hogen Sensei

November 7, Thursday, 6:30pm - with Hojin Sensei

### **Ango Art Practice Presentations**

*Dates and times for presentations will be posted on the angu website.*

### **Buddhist Study Sessions at the Monastery** with Shugen Roshi (Check [Livestream.com/MRO](http://Livestream.com/MRO) for webcasts)

September 5, Thursday, 7:30pm - Four Noble Truths

October 3, Thursday, 7:30pm - Right Understanding

Oct 17, Thursday, 7:30pm - Right Thought

Nov 14, Thursday, 7:30pm - Right Speech

### **Buddhist Study Sessions at the Temple**

September 12, Thursday, 7:00-8:30pm - First Noble Truth with Hogen Sensei

October 13, Sunday, 9:30am - Second Noble Truth with Hogen Sensei

October 31, Thursday, 7:00-8:30pm - Third Noble Truth with Hogen Sensei

### **Dharma Encounters at the Monastery (as part of the morning program)**

September 29, Sunday at 9:00am

October 27, Sunday at 9:00am

November 24, Sunday at 9:00am (Shuso Hossen Ceremony)

### **Special Events at the Monastery**

Hungry Ghost Ceremony, *October 31, 7:00-9:00pm*

Jukai Ceremony, *November 10, 9:00am (with Sunday program)*

Shuso Hossen Ceremony, *November 24, 9:00am (with Sunday program)*

Body Practice led by Paul Bloom, 7am (Wednesday and Friday) — Local Sangha welcome:

Sept. 4, 6, 11, 18, 20

Oct. 2, 4, 9, 16, 18, 30

Nov. 1, 6, 8, 13, 15

## **Sangha Practice Group Zoom Meetings**

These meetings will run every two-weeks. First meetings are scheduled for:

Tuesday, September 3, 8pm

Saturday, September 7, 1pm

Tuesday, September 17, 8pm

Saturday, September 21, 1pm

Tuesday, October 1, 8pm

Saturday, October 5, 1pm

Tuesday, October 15, 8pm

Saturday, October 19, 1pm

Tuesday, October 29, 8pm

Saturday, November 2, 1pm

Tuesday, November 12, 8pm

Saturday, November 16, 1pm

*Additional info and links will be posted on the [ango](#) page:*

**[ZMM.org/teachings-and-training/ANGO](https://www.zmm.org/teachings-and-training/ANGO)**