Mountains and Rivers Order
Spring 2020 Ango List of Retreats and Training Activities

Ango Entering Ceremony
- Monastery Ango Opening Ceremony with Shugen Roshi  
  Sunday, March 1, 9-12pm
- Temple Ango Opening with Hojin Sensei & Hogen Sensei  
  Sunday, March 8, 9:30-12:30pm

Monastery Intensives
- Ango Opening Weekend Sesshin, Feb 28 - March 1
- One Dharma: Having Desires & Knowing How to Be Satisfied, March 13-15
- Founding Sesshin, March 23 - March 29
- Apple Blossom Sesshin, April 20 - 26
- Shuso Hossen Sesshin, May 25 - 31

Temple Intensives
- Sesshin with Hogen Sensei, March 5-8
- Mother of All Buddhas Women’s Zazen kai with Hojin Sensei, March 21
- One Dharma with Hogen Sensei, April 4
- Zazen kai with Hogen Sensei, April 11
- Zazen kai with Hogen Sensei, May 9

Monastery Retreats
- One Dharma: Having Desires & Knowing How to Be Satisfied with Shugen Roshi, March 13-15
- Ango Intensive: The Mountains Belong to Those Who Love Them with Shugen Roshi, April 9-12
- Healing the Vicious Cycle of Addiction: A Dharmic Way... with Valerie (Vimalasara) Mason-John, April 17-19
- Investigating Wonder: Taking Up the Faith Mind Poem Through Art Practice with Hojin Sensei, May 8-10
- Heart of the Brush with Kaz Tanahashi, May 22-24

Temple Retreats
- Softening the Heart: Naikan – The Japanese Art of Self-Reflection with Gregg Krech, March 14
- Mother of all Buddha’s - Zazen kai for Self-Identified Women with Hojin Sensei, March 21
- Half-day Sit, March 28, 8am - 12pm
- One Dharma: Perfection and Imperfection with Hogen Sensei, April 4
- An Evening of Poems from the First Buddhist Women (Therigatha) with Hojin Sensei, April 16, 7-9:00pm
- It’s Alive: An Art Practice Retreat with Hojin Sensei, April 18
- Half-day Sit, April 25, 8am - 12pm
- Ink, Brush, Paper: An Introduction to Kanji with Kando Johnson, May 2
- What is most important? Tending to the Way-Seeking Mind with Mn. Gokan Bonebakker, May 16
- The Shape of Awake with Hope Martin, May 23
- Half-day Sit, May 30, 8am - 12pm
Spring 2020 Ango — Additional Activities

**Other Special Events**

Buddha’s Birthday Weekend, *April 19*, Families Welcome

Sangha Treasure Weekend with Shugen Roshi and Seniors, *May 15-17*

Jukai Ceremony, *May 17th* as part of the morning program

Body Practice led by TBD, *7am (Wednesday and Friday) — Local Sangha welcome:*
  
  **March:** 4, 6, 11, 13, 18, 20
  
  **April:** 1, 3, 8, 15, 17, 29
  
  **May:** 1, 6, 8, 13, 15, 20, 22

**Fusatsu: Renewal of Vows at the Monastery**

*Thursday, March 5, 7:30pm*

*Friday, May 15, 7:30pm*

**Fusatsu: Renewal of Vows at the Temple**

*Thursday, March 19, 6:30pm*

*Sunday, April 12, 9:30am*

*Thursday, May 21, 6:30pm*

**Dharma Encounters at the Monastery** as part of the morning program

*Sunday, March 29*

*Sunday, April 26*

*Sunday, May 31 (Shuso Hossen Ceremony)*

**Ango Art Practice Presentations**

*Wednesday, May 21, 7pm* at Zen Mountain Monastery

*Friday, May 22, 6:30 pm* at Zen Center of NYC

**What is Whiteness? — Monastery**

*Sunday, March 8, 1:15-3:00pm*

*Sunday, April 5, 1:15-3:00pm*

*Sunday, May 3, 1:15-3:00pm*

**What is Whiteness? — Temple**

*TBD*

*TBD*

*TBD*

**Video Conference Mondos (Open to Students and Practicing Members — email the Registrar at registrar@mro.org)**

Sunday, March 15th (1-2:00pm) with Shugen Roshi, *Topic TBD*

Sunday, April 19th (1-2:00pm) with Shugen Roshi, *Topic TBD*

Sunday, May 24th (1-2:00pm) with Shugen Roshi, *Topic TBD*
Sangha Practice *Ecodharma Group Zoom Meetings*

These meetings will run every two-weeks. First meetings are scheduled for:

- Thursday, March 12, 7pm
- Thursday, April 2, 7pm
- Thursday, April 16, 7pm
- Thursday, April 30, 7pm
- Thursday, May 14, 7pm
- Thursday, June 4, 7pm

* Additional time(s) TBD

Additional info and links will be posted on the ango page:

ZMM.org/teachings-and-training/ANGO