

Mountains and Rivers Order

Spring 2020 Ango List of Retreats and Training Activities

Ango Entering Ceremony

- Monastery Ango Opening Ceremony with Shugen Roshi *Sunday, March 1, 9-12pm*
- Temple Ango Opening with Hojin Sensei & Hogen Sensei *Sunday, March 8, 9:30-12:30pm*

Monastery Intensives

- Ango Opening Weekend Sesshin, *Feb 28 - March 1*
- One Dharma: Having Desires & Knowing How to Be Satisfied, *March 13-15*
- Founding Sesshin, *March 23 - March 29*
- Apple Blossom Sesshin, *April 20 - 26*
- Shuso Hossen Sesshin, *May 25 - 31*

Temple Intensives

- Sesshin with Hogen Sensei, *March 5-8*
- Mother of All Buddhas Women's Zazenkai with Hojin Sensei, *March 21*
- One Dharma with Hogen Sensei, *April 4*
- Zazenkai with Hogen Sensei, *April 11*
- Zazenkai with Hogen Sensei, *May 9*

Monastery Retreats

- One Dharma: Having Desires & Knowing How to Be Satisfied with Shugen Roshi, *March 13-15*
- Ango Intensive: The Mountains Belong to Those Who Love Them with Shugen Roshi, *April 9-12*
- Healing the Vicious Cycle of Addiction: A Dharmic Way... with Valerie (Vimalasara) Mason-John, *April 17-19*
- Investigating Wonder: Taking Up the Faith Mind Poem Through Art Practice with Hojin Sensei, *May 8-10*
- Heart of the Brush with Kaz Tanahashi, *May 22-24*

Temple Retreats

- Softening the Heart: Naikan – The Japanese Art of Self-Reflection with Gregg Krech, *March 14*
- Mother of all Buddha's - Zazenkai for Self-Identified Women with Hojin Sensei, *March 21*
- Half-day Sit, *March 28, 8am - 12pm*
- One Dharma: Perfection and Imperfection with Hogen Sensei, *April 4*
- An Evening of Poems from the First Buddhist Women (Therigatha) with Hojin Sensei, *April 16, 7-9:00pm*
- It's Alive: An Art Practice Retreat with Hojin Sensei, *April 18*
- Half-day Sit, *April 25, 8am - 12pm*
- Ink, Brush, Paper: An Introduction to Kanji with Kando Johnson, *May 2*
- What is most important? Tending to the Way-Seeking Mind with Mn. Gokan Bonebakker, *May 16*
- The Shape of Awake with Hope Martin, *May 23*
- Half-day Sit, *May 30, 8am - 12pm*

Spring 2020 Ango — Additional Activities

Other Special Events

Buddha's Birthday Weekend, *April 19*, Families Welcome

Sangha Treasure Weekend with Shugen Roshi and Seniors, *May 15-17*

Jukai Ceremony, *May 17th* as part of the morning program

Body Practice led by TBD, *7am (Wednesday and Friday)* — *Local Sangha welcome:*

March: 4,6,11,13,18,20

April: 1,3,8,15,17,29

May: 1,6,8,13,15,20,22

Fusatsu: Renewal of Vows at the Monastery

Thursday, March 5, 7:30pm

Friday, May 15, 7:30pm

Fusatsu: Renewal of Vows at the Temple

Thursday, March 19, 6:30pm

Sunday, April 12, 9:30am

Thursday, May 21, 6:30pm

Dharma Encounters at the Monastery as part of the morning program

Sunday, March 29

Sunday, April 26

Sunday, May 31 (Shuso Hossen Ceremony)

Ango Art Practice Presentations

Wednesday, May 21, 7pm at Zen Mountain Monastery

Friday, May 22, 6:30 pm at Zen Center of NYC

What is Whiteness? — Monastery

Sunday, March 8, 1:15-3:00pm

Sunday, April 5, 1:15-3:00pm

Sunday, May 3, 1:15-3:00pm

What is Whiteness? — Temple

TBD

TBD

TBD

Video Conference Mondos (Open to Students and Practicing Members — email the Registrar at registrar@mro.org)

Sunday, March 15th (1-2:00pm) with Shugen Roshi, *Topic TBD*

Sunday, April 19th (1-2:00pm) with Shugen Roshi, *Topic TBD*

Sunday, May 24th (1-2:00pm) with Shugen Roshi, *Topic TBD*

Sangha Practice *Ecodharma* Group Zoom Meetings

These meetings will run every two-weeks. First meetings are scheduled for:

Thursday, March 12, 7pm

Thursday, April 2, 7pm

Thursday, April 16, 7pm

Thursday, April 30, 7pm

Thursday, May 14, 7pm

Thursday, June 4, 7pm

* Additional time(s) TBD

Additional info and links will be posted on the ango page:

[ZMM.org/teachings-and-training/ANGO](https://zmm.org/teachings-and-training/ANGO)