

Fall 2020 Ango

Eight Gates Practice Sessions Online

for details & to register go to zmm.org/ango

Art & Body Practice:

In Touch with Bodhisattvas: Art Practice with Hojin Sensei
Fridays, 10:30 am-12 pm (except during sesshin)

Brush Play: Calligraphic Expression with Kando Johnston
twice monthly on Tuesdays, 7:30-9 pm

Sideways & Backwards: Poetry as an Adventure in Not-Knowing with Takusei Twichell
twice monthly on Mondays, 6:30-8:00 pm

Morning Yoga with Ikyo Love
Fridays, 7-8 am (except during sesshin)
Chair Yoga; 8:15-8:45 am

Iyengar Yoga with Angaku Dreyfus
Tuesdays, 11am-12 pm

Buddhist Study:

The 37 Practices of the Bodhisattva
with Shugen Roshi, 7:30-9 pm
9/16, 10/7; evening study sessions
11/6-11/7, weekend Ango Intensive

The Paramitas & Noble Path Talks
with Hojin Sensei, Hogen Sensei &
ZCNYC Sangha, Thursdays, 6:30-8 pm
10/1, 10/29, 11/12, 12/17

BIPOC Book Group:

Reading My Grandmother's Hands
with Eiko Malqui, Mondays, 6:30-8 pm
9/14, 10/5, 10/19, 11/2, 11/16

Special Events & Retreat Highlights:

For a complete program calendar go to zmm.org/online-programs

Ango Opening:

9/4 Sangha Meeting & Intro to the Ango, 7:30-9 pm
9/5 Peaceful Dwelling Zazenkai, 8 am-5 pm
Mondo on Intention, Vow & Aspiration, 7:30-9 pm
9/6 Ango Opening Ceremony, 9 am-noon

40th Anniversary Celebration:

10/9, 7:30 pm Opening Gathering
10/10, 10 am-4 pm Board of Governors Meeting
10/10, 7 pm Sangha Celebration
Save the Date. Details to come.

Zazen Intensives

Monthly sesshin (One Continuous Thread),
zazenkai & half-day sits. See website for dates.

Fusatsu:

Renewal of Vows Ceremony
9/10, 10/15, 11/5 7:30-9pm

Guest Instructors:

9/19 *Speaking & Hearing: Nonviolent Communication in Practice*
with Barbara Bash

10/17 *The Paramis : Dana & Sila*
with Leslie Booker

11/13-14 *Songs of Milarepa*
with Judy Lief